

# S.I.Te.C.S.

SOCIETÀ ITALIANA DI TERAPIA CLINICA E SPERIMENTALE

## THE MANAGEMENT OF DYSLIPIDAEMIAS: FROM LIFESTYLE TO PHARMACOLOGICAL APPROACHES

12-13 November 2022

Milan, Italy - Rosa Grand Milano



*This meeting is endorsed by*

 **FONDAZIONE S.I.S.A.**

**EAS**



# PROGRAMME

*Chairs: Alberico L. Catapano, Kausik Ray*

**NOVEMBER 12, 2022**

**Sala Fontana**

09.00 Registration

## **INTRODUCTION**

*Chairs: Alberico L. Catapano, Kausik Ray*

09.30 Dyslipidaemias: Introduction and scope of the meeting - *Alberico L. Catapano, Kausik Ray*

## **LIPOPROTEIN AND ATHEROSCLEROSIS**

*Chairs: Alberico L. Catapano, Kausik Ray*

09.40 The causal role of ApoB-containing lipoproteins - *Alberto Zambon*

10.00 HDL: friend or foe? - *Giuseppe Danilo Norata*

10.20 Lipoprotein remnants and Lp(a) - *Brian Ference*

10.40 Discussion

11.00 *Coffee Break*

## **GUIDELINES FOR THE MANAGEMENT OF DYSLIPIDAEMIAS AND CARDIOVASCULAR PREVENTION**

*Chairs: Alberico L. Catapano, François Mach*

11.30 EAS/ESC 2019 Lipid Guidelines - *François Mach*

11.50 Guidelines on CVD prevention in clinical practice - *Kausik Ray*

12.10 Future challenges in Guidelines - *Alberico L. Catapano*

12.30 Discussion

12.50 *Lunch*

## **NON PHARMACOLOGICAL THERAPEUTIC APPROACHES**

*Chairs: Maciej Banach, Bernhard Föger*

14.30 Lifestyle interventions - *Maciej Banach*

14.50 Role of nutraceuticals - *Matteo Pirro*

15.10 Clinical evidence: updates from literature - *Bernhard Föger*

15.30 Discussion

16.00 *Coffee Break*

## **CURRENT AND FUTURE PHARMACOLOGICAL APPROACHES TO LIPID LOWERING AND CARDIOVASCULAR PREVENTION**

*Chairs: Alberico L. Catapano, Giuseppe Mancina*

16.30 Statins and Ezetimibe - *Luis Masana*

16.50 Blood pressure control: present and future - *Giuseppe Mancina*

17.10 PCSK9 inhibitors and Inclisiran - *Matteo Pirro*

17.30 Novel therapeutic approaches - *Alberico L. Catapano*

17.50 Discussion

18.10 Wrap up of the day - *Alberico L. Catapano, Kausik Ray*

**ADHERENCE TO THERAPY**

*Chairs: Alberico L. Catapano, Giovanni Corrao*

- 08.30 Adherence to therapy: a complex problem on chronic treatments - *Giovanni Corrao*
- 08.50 The role of the polypill - *Alberto Corsini*
- 09.10 The role of combination therapy - *Luis Masana*
- 09.30 Discussion
  
- 10.00 *Coffee Break*

**CLINICAL APPROACHES IN THE REAL WORLD**

- 10.30-11.30 Group activity
  - A Low-risk patient in primary prevention - *Maciej Banach*  
Medium-risk patient in primary prevention - *Luis Masana*
  - B High-risk patient, with CKD, in primary prevention - *Matteo Pirro*  
High risk patient, with FH, in primary prevention - *Alberico L. Catapano*
  - C High-risk patient with diabetes - *Kausik Ray*  
Very-high-risk patient in secondary prevention - *François Mach*
- 11.30 Presentation of the work in groups and discussion in plenary session  
*Chairs: Alberico L. Catapano, Kausik Ray*  
*Discussant: Faculty*
- 12.15 Closing remarks and take home messages - *Alberico L. Catapano, Kausik Ray*
- 12.30 *Lunch*



**FACULTY**

- Maciej Banach (Lodz, Poland)*
- Alberico Luigi Catapano (Milan, Italy)*
- Giovanni Corrao (Milan, Italy)*
- Alberto Corsini (Milan, Italy)*
- Brian Ference (Cambridge, UK)*
- Bernhard Föger (Pfarrkirchen, Germany)*
- François Mach (Geneva, Switzerland)*
- Giuseppe Mancina (Milan, Italy)*
- Luis Masana (Reus, Spain)*
- Giuseppe Danilo Norata (Milan, Italy)*
- Matteo Pirro (Perugia, Italy)*
- Kausik Ray (London, UK)*
- Alberto Zambon (Padua, Italy)*

# GENERAL INFORMATION

## MEETING VENUE

Rosa Grand Milano  
Piazza Fontana, 3 (near Duomo square) - 20121 Milano

## ORGANIZING SECRETARIAT



AIM Group International - MILAN OFFICE  
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## CME PROVIDER



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## CME ITALIAN ACCREDITATION

The Congress has been accredited by the National Commission for Continuing Education with the educational objective: (1) Application in daily practice of the principles and procedures of evidence based practice (EBM - EBN - EBP), for the following disciplinary areas: Medical Surgeon (All the disciplines) for 100 participants. The assignment of CME credits will be subject to eective participation in the entire programme, the verification of learning and the detection of presences.

The certificate of participation showing the number of credits will be sent by e-mail to the participant after these checks.

**CME credits: 11 - CME ID 200-360847 - ed.1**

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